

October 2011
KEYnotes

FAITH * TRUST * FORTITUDE * WISDOM



Contact Us

email:

NationalCardinalKey@gmail.com
CKNationalPresident@gmail.com
CKNationalVicePresident@gmail.com
CKNationalSecretary@gmail.com
CKNationalParliamentarian@gmail.com

address:

Cardinal Key
National Honor Society, Inc.
P.O. Box 4151
Chicago, IL 60654

facebook:

www.facebook.com/CardinalKey

website: cardinalkey.org

✧ **A note from the Parliamentarian** ✧

2009-2011 officers were elected at the 2009 National Conference. We will be highlighting an officer in each KeyNote through the year.

JANEL BUCHTA, MIDLAND UNIVERSITY '10

It's that time of year again when football is in full force! My Nebraska Cornhuskers are off to a great start and Husker nation is content and happy for the moment. I hope you are all settling into your school schedules nicely as I'm sure you're preparing for upcoming midterms.

After graduating from Midland Lutheran College (which is now Midland University) and leaving my friends, teammates, and Cardinal Key chapter behind, I am now residing in Omaha, NE.



I just entered my second year as a high school math teacher at a school that is bigger than the college I attended! This year I am keeping very busy after being named the head girls varsity basketball coach at the end of last school year. During college I was consumed with sports (I played basketball and tennis), studying (graduated with honors), on-campus organizations, and service opportunities. I now find myself consumed with much of the same, only now I am a coach
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We're suspending the Chapter Highlights to announce that we are on the web, at last (cue Etta James)!

Visit our brand new website:

cardinalkey.org

and let us know what you think!



We need your photos!!

We have used up our bank of photos, & would love to feature your chapter! Email your pictures to us, & watch for them in an upcoming *KeyNote!*

Social

The fondest memories are made when gathered around the table.

~ Anonymous

In many chapters, the social aspect of Cardinal Key often gets overlooked. While, it is important to add in social events throughout the year, I feel that having them right when new members join, will not only allow members to get to know each other, but will strengthen bonds of friendship already forged. Social activities don't need to be anything fancy or over the top. While it's fun to throw large parties, something as simple as a quick hour study break to meet up for coffee or hot chocolate the week before mid-term exams, can be just as effective.



Social activities give our chapter members the opportunity to get to know each other in an informal setting, on a personal level. These shared experiences will not only increase a feeling of community in your

group, but participation at other events (fundraising and community service) as well! Want a jump-start to your semester? Try kicking it off with a night of social activities such as a game night, potluck, or scavenger hunt. Most important, choose things that will get people talking over sitting without conversation (e.g. watching a movie). Approaching the first social of a year or semester as a first date can help! You want to get to know each other and have fun at the same time.



Cardinal Key became more than just a service organization to me. It connected me with people not only at college, but also on a national level. I had the privilege of going to the National Conference in 2009 and meeting other members from all across the nation, and now have connections on the East and West coast if I ever need a vacation!

Cardinal Key is an amazing service organization, but it can be even more. Holding social events will help your members take away amazing friendships that will last the rest of their lives.



National Officers

Gretchen Smiles, Vice President; Janel Buchta, Parliamentarian; Baillie Cloyd, President; Stephanie Zahourek, Secretary

alalala

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instead of a player and a teacher instead of a student. I'm involved in different aspects of the school as a leader and still continue to provide people with service although it is in a much different way. My main service is to teach. Beyond that, I am there to be a mentor and friend to students who need it. Sometimes all it takes is time to listen to a student's story in order to make a difference. When I took over the basketball program, I wasn't left with much money in the pot so to speak. We are now in the phase of brainstorming ideas, many of which have stemmed from Cardinal Key. We have discussed doing a car wash, selling cookies, candles, or other items, making t-shirts to help promote girls basketball and selling those, etc. Whatever it is that we come up with, I know the girls will need to be passionate about it. It will only be as successful as they want it to be.



I challenge your chapters to try something new this year- perhaps a new fundraiser, social activity, or service event. If you have done something in the past that works well, do it even better! Always try to better your best. Thanks for being a part of Cardinal Key. Hope to see you all at the Fall Conference in sunny Phoenix, Arizona!

~ Janel

We are thrilled to introduce the newest member of the Cardinal Key National Board family!



Welcome
Annabelle
Elizabeth

daughter of
our National Co-Director
Amanda Bennett Lothrop and her husband Griffin

born on October 14th, 2011