

September 2011 KEYnotes

FAITH * TRUST * FORTITUDE * WISDOM



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✧ A note from the Secretary ✧

2009-2011 officers were elected at the 2009 National Conference. We will be highlighting an officer in each KeyNote through the year.

STEFANIE ZAHOUREK, WAYNE STATE '09

Hello, All! I hope this edition finds you well, and able to enjoying the start of Autumn! The end of summer has had vacations on my mind. Days off during college always bring back fond memories of Spring Break service trips. I spent almost every break during undergraduate helping with some sort of a cause. It all started with my first trip, freshman year, to help with Katrina clean up. About half of our group wanted to continue our efforts while we were down there, so we found ways to stay an extra



couple days. After the trip, a group of us decided to turn our experience into an annual tradition! Although my trips were not sponsored by an organization, think about your Cardinal Key chapter and the impact it could make during *any* break in classes. Whether a week-long service trip, or just a day that you spend in the community, you can use that time to serve. Remember that you do not need to have a ton of money or be

(continued on page 3)

We're suspending the Chapter Highlights to announce that we are on the web, at last (cue Etta James)!

Visit our brand new website:
cardinalkey.org
and let us know what you think!



Wayne State
College raises
money for JDFRI
with their
Dodgeball
Tournament



Service

Faith, Trust, Fortitude, Wisdom; I shall observe them faithfully that my service be genuine, my life complete.

~ The Cardinal Key Motto ~

Just thinking about ideas for service projects, my mind is buzzing! One of the best ways to come up with new ideas, like with any project, is to just start brainstorming. Do not hold anything back, even if it seems too wild and crazy, you can tweak the original idea to fit the needs of the cause and what your chapter can handle.

My CK chapter would make holiday cards for a local nursing home. We went to a food pantry and made meal jars. Picking up trash was a bi-annual event that we would do with another national honor society, Blue Key. To extend the fun, afterwards we would get pizza and/or go bowling. We found that most of our service activities were highly social activities, so take advantage of the community building!

Need more ideas? Collect donations for a local shelter, or serve there. Partner with an elementary school or child care facility and read to the children, paint, or clean. If your campus does not have a recycling campaign in place, take the lead in initiating receptacles in every residence hall...or every building!

Do not forget about connecting with another organization. Whether on campus or in the community, partnering with other groups will multiply what you can accomplish. Contact organizations and ask if they need any help. Look towards principals, pastors/priests, mayors/city council members, etc. With a little digging, you will find people all around who could use some extra hands. The possibilities are limitless!

Service is a cornerstone of what it means to be a Cardinal Key. Whether your chapter is struggling and you need help, or have successful service ideas to share, we'd love to hear from you! Email us (nationalcardinalkey@gmail.com), or [tell us on facebook!](#)



National Officers

Gretchen Smiles, Vice President; Janel Buchta,
Parliamentarian; Baillie Cloyd, President;
Stephanie Zahourek, Secretary

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(continued from page 1)

extremely skilled in a particular area to alter someone or many people's lives. In the words of author Edward Everett Hale, "I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do." Everyone has something to offer and so does your chapter. Look to the needs of your community!



You do not need to do something grand or travel far to serve. All service projects, regardless of size or purpose, create an impact that reaches far beyond your campus. A quotation from Peter Drucker, writer, consultant, and teacher, states that "one of the great movements in my lifetime among educated people is the need to commit themselves to action. Most people are not satisfied with giving money; we also feel we need to work."

The national conference is coming up! Please think about attending; you will not regret it! Not only will you come back charged with ideas for your Cardinal Key chapter, but you will make connections with amazing Cardinal Keys from across the country. This is an outstanding opportunity that truly facilitates positive growth for you as an individual and for your chapter.

Again, good luck with all your CK endeavors! I wish you the best!

~ Stef

Registration is Now Open!

2011 CARDINAL KEY NATIONAL CONFERENCE

NOVEMBER 3RD-6TH PHOENIX, ARIZONA

Celebrating the Virtues: Faith, Trust, Fortitude, Wisdom

The National Office will pay for lodging and travel for one delegate from each chapter to attend!

Ideally, chapters will sponsor another member attending as well. Typically, chapters will send a senior & a new member so that there will be someone who can share some of the chapter's history, strengths, and challenges as well as someone who will be with the local chapter for a longer time to take back ideas.

We are excited to announce that for the very first time all Chapter Sponsors and Alumni are invited to attend! We will have special activities planned just for you, in addition to getting the chance to share your memories and **wisdom** with current Cardinal Keys!

Registration fees are listed below. Please note that even the regular student fee is below cost! We're doing our best to make this affordable so that everyone who wants to can attend. The conference will be held at the Four Points Sheraton in Tempe, Arizona. Cardinal Key has a room rate of **\$100.00**.

Registration Fees:

Student (Non-Delegate):	Early Bird (before October 1)	\$ 75.00
	After October 1	\$ 100.00
Sponsor & Alumni:	Early Bird (before October 1)	\$ 150.00
	After October 1	\$ 200.00

Registration is by email: NationalCardinalKey@gmail.com

Questions? Email, or check us out on facebook: <https://www.facebook.com/CardinalKey>

